

# FAMILY FUN

#### WARM WEATHER IS HERE

The weather is heating up! You know what that means...time to play outside!



## go look at clouds

Do you see some fluffy clouds in the sky? If so, go pack a blanket, find a field and cloud gaze with your kids. See what shapes they see in the clouds. Let their imagination run wild.

### pick some wild flowers

Now is the time of year when flowers are in full bloom. Take advantage of this fact to show your kid the beauty of the world. Together you and your child can pick a bunch for the dinner table.

#### run in the sun

Let your child explore the world around them as the weather heats up. Encourage them to find new green things and maybe some insects they've never seen before.



Sunshine is good for infants. But don't let too much of a good thing ruin their good day. Be sure your infant is properly covered from the sun with sunscreen and a hat. There is nothing fussier than a baby with a sunburn.



# toddler tales

Get your toddler outside. No one likes to be cooped up inside all day when it's sunny outside. Encourage your toddler to find things to do outside that they enjoy. This is a great habit for the rest of their lives that they can learn now.



#### preschool power

Some preschoolers might prefer being on screens or staying inside rather than going outside. Help them to discover how much fun there is to have in the outdoors. Make sure they get outside time every day.

