



**Greater East Texas  
Community Action Program  
Head Start  
Annual Report  
August 2017 – July 2018**

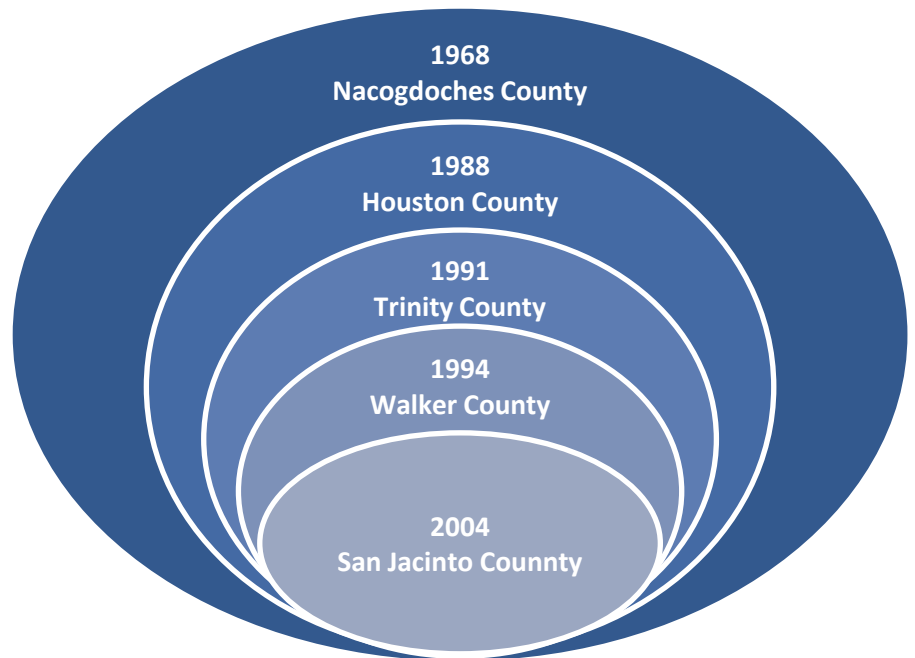
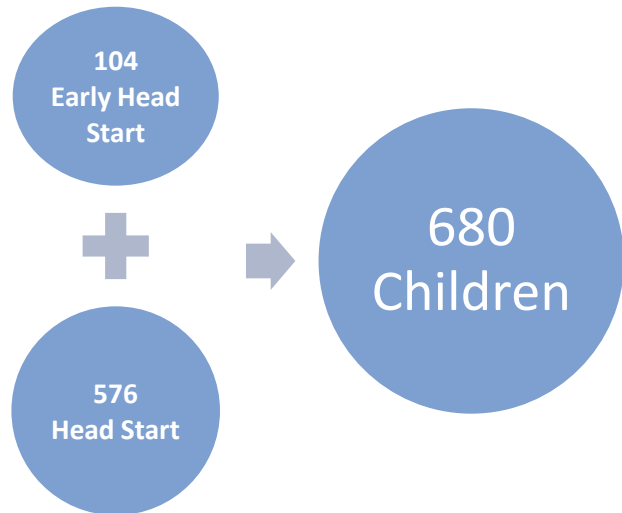
**"Improving Lives Through Community Involvement"**

### **What is GETCAP Head Start**

GETCAP Head Start is a federally funded comprehensive child development program serving low-income children age birth to 5 and their families. This program addresses children and their families with the overall goal of improving school readiness, foster healthy development, and preparing young children for future success in life and school.

GETCAP Head Start provides a range of individualized services in the areas of education and early childhood development; medical, dental, and mental health; nutrition; parent involvement; and family development. The entire range of Head Start services is responsive and appropriate to each child and family's development, ethnic, cultural, and linguistic heritage and experience.

GETCAP Head Start has a long tradition (since 1968) of delivering comprehensive, high quality services in areas that include: pre-reading, pre-writing, vocabulary, parent reports of children's literacy skills, access to health care, and higher use of educational activities by parents.



## Funding

Financial Summary for Head Start Activities per Audit of Fiscal Year Ended 11/30/2017.

GETCAP Head Start provides educational opportunities to children and services to their families made possible by a yearly grant provided by the Federal Government and USDA meal reimbursements.

Head Start Families and Community Volunteers generated the non-federal match to the federal grant dollars through volunteer time and donations.

Category	Head Start	Early Head Start	USDA	Total
Personnel	2,202,839	825,462	162,847	3,191,148
PR Tax & Fringe	809,424	337,296	92,064	1,238,784
Travel	87,459	1,463		88,922
Training	72,229	4,088		76,317
Contractual	198,172	24,472		222,644
Supplies	186,291	58,750	26,861	271,902
Insurance	17,041	2,613		19,654
Occupancy	496,194	144,027		640,221
Communications	102,087	7,491		109,578
Food			244,545	244,545
Equipment	165,020	18,249		183,269
Vehicle Expense	93,223	8,517		101,740
Other	158,083	107,079	(137,425)	127,737
				-
<b>Total Federal Dollars</b>	<b>4,588,062</b>	<b>1,539,507</b>	<b>388,892</b>	<b>6,516,461</b>
<b>Non-Federal</b>	<b>1,449,743</b>	<b>79,906</b>		<b>1,529,649</b>
<b>Total Budget</b>	<b>6,037,805</b>	<b>1,619,413</b>	<b>388,892</b>	<b>8,046,110</b>

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Budget Category	Program Operations	Head Start Training Technical Assitance	Non-Federal Share	Program Operations	Early Head Start Training Technical Assitance	Non-Federal Share	USDA	Total
Personnel	\$ 2,445,035			\$ 862,798			\$ 165,168	\$ 3,473,001
Fringe Benefits	\$ 970,518			\$ 316,703			\$ 92,452	\$ 1,379,673
Travel	\$ 10,000	\$ 25,041		\$ 2,000	\$ 4,000			\$ 41,041
Equipment	\$ 55,560							\$ 55,560
Supplies	\$ 239,214		\$ 20,332	\$ 105,820		\$ 32,163	\$ 28,152	\$ 425,681
Contractual	\$ 105,339		\$ 982,333					\$ 1,087,672
Construtction								\$ -
Other	\$ 868,233	\$ 31,278	\$ 184,889	\$ 190,543	\$ 30,574	\$ 345,947		\$ 1,651,464
Food							\$ 254,170	\$ 254,170
<b>Total</b>	<b>\$4,693,899</b>	<b>\$ 56,319</b>	<b>\$ 1,187,554</b>	<b>\$1,477,864</b>	<b>\$ 34,574</b>	<b>\$ 378,110</b>	<b>\$ 539,942</b>	<b>\$ 8,368,262</b>

**Enrollment****Total Number of Families Served**

<b>Program</b>	<b>Served 2017-2018</b>
Head Start	597
Early Head Start	114
<b>Total</b>	<b>711</b>

**Total Number of Children Served**

<b>Program</b>	<b>Served 2017-2018</b>	<b>Funded Enrollment</b>
Head Start	630	576
Early Head Start	125	104
<b>Total</b>	<b>755</b>	<b>680</b>

**Percentage of Eligible Children Served**

<b>Program</b>	<b>Applications Received</b>	<b>Eligible Children Served</b>	<b>Percentage</b>
Head Start	717	630	87.87%
Early Head Start	228	128	56.14%
<b>Total</b>	<b>945</b>	<b>758</b>	<b>80.21%</b>

**Eligibility, Services and Unmet Service Needs for 2017-18**

<b>County</b>	<b>Low-Income Eligible Children</b>	<b>Federally Funded Enrollment</b>	<b>GETCAP Actual Enrollment</b>
Houston	150	130	143
Nacogdoches	400	291	316
San Jacinto	110	74	98
Trinity	90	77	81
Walker	160	108	120
<b>Total</b>	<b>910</b>	<b>680</b>	<b>758</b>

**Services/Number of Families provided those services**

<b>Services</b>	<b>Number of Families Provided Those Services</b>
Emergency/Crisis Intervention	5
Transportation	0
Mental Health	755
English as a Second Language	28
Adult Education	54
Job Training	11
Substance Abuse Prevention/Treatment	755
Child Abuse and Neglect	755
Domestic Violence	755
Health Education	755
Parenting Education	755
Marriage Education	0

**Parent Involvement Activities**

From the very first meeting with the family, parents are offered the opportunity to be involved with the program. Parents attend site parent meetings; serve on Policy Council, and Health/Social Services Advisory Council. Parents are always welcome in the classroom by helping with or leading activities or projects, planning classroom activities with the teaching staff, and introducing or sharing their culture with the class. There are a number of ways that parents can help teaching staff by sharing opinions, ideas and thoughts, working on projects at home, communicating with the staff, helping other parents feel welcome, and reinforcing learning at home.

**Types of Parent Involvement Activities**

Parent Club Meetings	Parent Training Workshops
Parent Teacher Conferences	Policy Council Meetings
Home Visits	Take Home Activities
Classroom Volunteer	Center Volunteers
Donuts for Dads	Dine with Dads
Family Fun Night	Red Ribbon Week
Advisory Meetings	Fathers Reading Every Day (FRED)
Week of the Young Child	IEP/IFSP Meetings

As their child's first and most important teacher, parents have an important role in the program. Parents are encouraged to participate in lesson planning. We reach out to the parents for whom English is their second language to help them feel included in activities and meetings by providing interpreters and culturally sensitive activities. Along with regular site and committee meetings, there are Family Fun Nights that which are for all families in the program.

## **Preparing Children for School**

Efforts to prepare children for kindergarten begin as soon as a child is enrolled in one of our Head Start programs. The center staff, along with the parents, reviews the child's health and nutrition history, as well as completes the required developmental screenings within the first 45 days of enrollment. Our programs encourage parent participation in the screening process by using the Ages and Stage Questionnaires as our developmental screener, and the Age and Stages Social/Emotional Questionnaires as our behavioral screener.

## **Curriculum**

Throughout the program year, our teaching staff implements the researched-based early childhood curriculum of Let's Begin with the Letter People for children ages 3 years to 5 years and Creative Curriculum for Infants, Toddlers, and Twos for children ages 6 weeks to 36 months. These curricula promote school readiness in the areas of language and cognitive development, early reading and math skills, social emotional development, physical development and approaches to learning. Both curricula are based on scientifically valid research and have standardized training procedures and curriculum materials to support implementation. These curricula are aligned with the Head Start Outcomes Framework and Texas Pre-K Guidelines.

The curriculum is governed by a process of planning, implementing, and evaluating. It is individualized and ever changing. By observing and interacting with the children, teachers develop the use of materials, resources and opportunities to foster the learning of each unique individual in their class. The strategies to support children's learning are developed through ongoing observations and assessment of each child. Ongoing observations and assessments provide an overall picture of each child from entry to transition from the program. GETCAP Head Start uses the data from these assessments to analyze the program's effectiveness towards meeting child outcomes.

GETCAP Head Start's school readiness plan is designed to meet the standards outlined in Head Start Performance Standards as well as our program goals for Head Start and Early Head Start children and their families. The program is based on the sound principles and philosophy of developmentally appropriate practices that children develop best when the total development of each child is promoted through an integrated approach using a variety of educational opportunities provided by staff and parents. The opportunities provided by competent education staff will develop behaviors that facilitate autonomy, openness, problem-solving ability and personal integrity at each child's own individual rate of development. Emphasis is placed on the development of the whole child and addresses all aspects of development and learning, including physical, emotional, cognitive, and language.

GETCAP Head Start and Early Head Start provides each child with a learning environment and the varied experiences to help them develop socially, intellectually, physically and emotionally in a manner appropriate to their age and stage of development. The environment is safe and nurturing allowing children to explore and experience the environment based on their developmental level, abilities, and interests.

## School Readiness Goals

GETCAP Head Start has established the following school readiness goals:

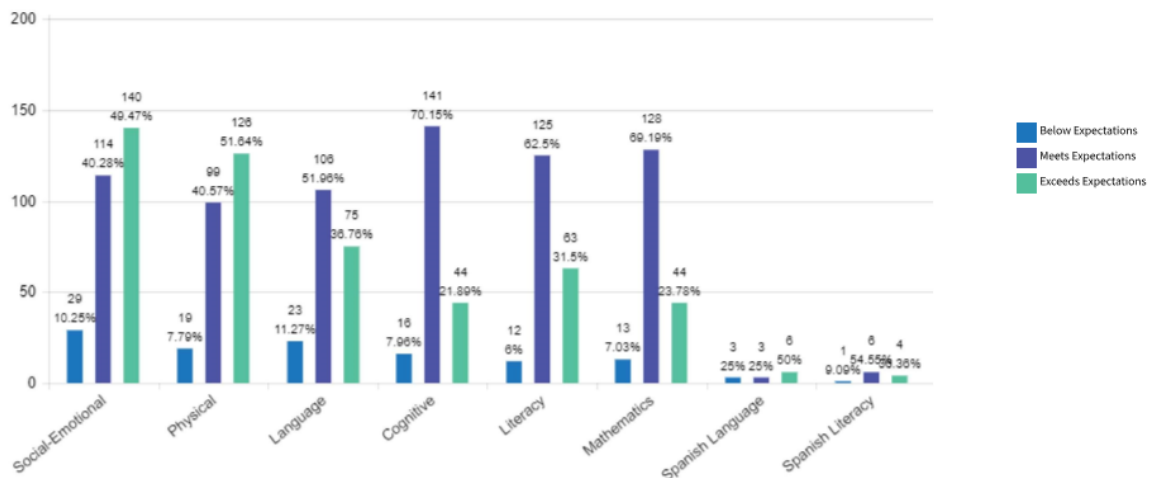
1. Physical Development and Health – *Goal – Head Start Children will be healthy and increase their knowledge and skills to make healthy choices.*
2. Social and Emotional Development – *Goal – Head Start children will possess a confident self – identity, the ability to regulate their own behavior and the ability to establish and maintain positive relationships.*
3. Approaches to Learning – *Goal – Head Start children will develop the curiosity and confidence to identify, address and solve problems in a variety of developmentally appropriate ways.*
4. Language and Literacy – *Goal – Head Start children will develop the ability to express their ideas, observations and feelings and understand the ideas, observations and feelings of others.*
5. Cognition and General Knowledge – *Goal – Head Start children will develop skills and abilities to use reasoning and problem solving to understand, classify, and assimilate information, situations, and concepts.*

Analysis of our school readiness goals have indicated that our goals are valid and our children are leaving us school ready. We will focus training and coaching for teachers to collect, assign and score data correctly and gather and input data in a timely manner. We will work with ISD classrooms and administrators to gather the required data and get it into the assessment system. Additionally, we will train classroom staff to gather anecdotal recordings of children's behavior to better determine the impact of behaviors on development

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## **Partnerships**

In order to better prepare GETCAP Head Start students for kindergarten, it is important to establish partnerships with the school districts in which children will be entering. This helps Head Start and the ISD's join resources and coordinate approaches to teaching including curriculum and classroom practices.

GETCAP Head Start holds collaborative agreements with 7 school districts. The collaboration models include shared instruction, professional development, and staff. GETCAP collaborates with local school districts to coordinate curriculum to support Kindergarten readiness. GETCAP Head Start classrooms that are located on school district properties are able to participate in Elementary School activities which often include Library visits, Music class, Physical Education, and special assemblies. GETCAP Head Start classes visit Kindergarten classrooms each spring so that they know what to expect in the fall. Whenever possible, Kindergarten Teachers or Principals attend spring parent meetings to provide information about entering Kindergarten. GETCAP Head Start staff assist parents with Kindergarten registration and attend Kindergarten Fairs in each district to assist with this process.

## **Health Services are Educational Services**

GETCAP's commitment to wellness embraces a comprehensive vision of health for children and their families. GETCAP, through collaboration among families, staff and health professionals, assure all child health and developmental concerns are identified. Children and their families are linked to a continuous, accessible health care so that a relationship may develop between the provider and the family that will continue after the child leaves the Head Start program. Each child visits a health care provider, on a schedule of preventive and primary health care, to ensure that problems are quickly identified and addressed. Early identification and treatment of health problems reduce complications and improve health outcomes

With increased awareness of the long-term effects of childhood obesity, emphasis is placed on healthy meal, snacks and cooking experiences throughout school activities and in communication with families. Staff Wellness Program is offered as an educational and recreational opportunity to staff. This program is also available to Head Start parents. The Staff Wellness Program is designed to motivate healthy choices among parents and staff to change lives, enhance health awareness, and to create a working environment that supports good health practices

## **Head Start Children received the following**

<b>Program</b>	<b>Head Start</b>	<b>Early Head Start</b>	<b>Percentage of Enrolled Children</b>
Continuous, accessible health care	624	125	99%
Continuous, accessible dental care	620	125	99%
Physical Examinations	500	124	82%
Oral Examinations	622	113	98%
Up-To -Date on Immunizations	621	108	98%

A child's nutrition is important to their physical and mental development. GETCAP Head Start's child nutrition services assist families in meeting each child's nutrition needs and in establishing good eating habits that nurture health development and promote life-long wellbeing. Through participation in the Child and Adult Feeding Program (CACFP), children attending a Head Start center receive a nutritious breakfast, lunch, and snack that provides at least 2/3 of the daily nutritional requirement.

GETCAP Head Start nutrition consultant works with our program about 40 hours per month. Nutrition assessment are reviewed and completed for each child. Nutrition workshops, training, and cooking activities are available throughout the year.

Meal Type	Number of Meals Served
Breakfast	62,215
Lunch	62,090
Snack (P.M.)	59,234

### **Children with Special Needs**

#### **Disabilities Services**

GETCAP Head Start has been a pioneering meeting the needs of preschool children with special needs in a mainstream setting. Children with physical, emotional and learning disabilities, and their non-disabled peers, learn from one another and from teachers, therapists and parents. The program works collaboratively with the Local Education Agencies and Early Childhood Intervention Agency to develop and implement individual education plans for children diagnosed with a disability.

Head Start also has an impressive history of providing services to children with disabilities by supporting their inclusion in all classroom and program experiences. Since 1972, Head Start has operated under a mandate to make available, at a minimum, ten percent of its enrollment opportunities to children with disabilities. Head Start and Early Head Start programs partner with Local Education Agencies (LEAs) and Early Childhood Intervention Agency to design individual education plans for children with disabilities and provide services to promote each child's development.

During the 2017-2018 program year, GETCAP Head Start served 60 children with disabilities. This figure represents 9% of the total population of children served.

Forty percent of the children receiving special services were identified through GETCAP Head Start screenings. 100% of the children identified receive individualized services to address their special needs, 25 children received services through private agencies, with an additional 26 children not qualifying for services. Children with disabilities are supported with transition goals as they move from one program into the next to ensure appropriate educational support.



<b>Diagnosed Disability</b>	<b>Number of Head Start Children Receiving Services</b>	<b>Number of Early Head Start Children Receiving Services</b>
Health Impairment (i.e. meeting IDEA definition of 'other health impairment)	2	0
Emotional disturbance	0	0
Speech or language impairments	53	2
Intellectual disabilities	1	1
Hearing impairment, including deafness	0	0
Orthopedic Impairment	0	0
Visual impairment, including blindness	0	0
Learning Disabilities	0	0
Autism	5	0
Traumatic brain injury	0	0
Non-Cat/Developmental Delay	1	10
Multiple Disabilities	0	0
Deaf-blind	0	0
<b>Total</b>	<b>62</b>	<b>13</b>

### **Mental Health**

A child's mental health is just as important as his or her physical health. GETCAP Head Start makes mental health a priority by providing screenings and treatment services. Given the sensitivity of mental health issues, GETCAP Head Start strives to build trusting relationships between children, parents, staff, mental health professionals and the larger community. Mental health professionals visit on-site to assess children's needs; conduct parent workshops; train staff in making referrals to needed services; and act as a liaison between the families and community mental health resources.

GETCAP Head Start, mental health professionals spent an average of 50 hours per month at the GETCAP Head Start sites. GETCAP Head Start staff consulted with mental health professionals regarding 19 children. Individual mental health assessments were conducted on 7 children. Of this number, 7 were found to need mental health services.

## Head Start Collaborations

**Developing cooperative relations with partners** at a local and state level is how GETCAP Head Start meets its high standards and generates important results for children. Over the years GETCAP Head Start increased collaborative efforts in the following areas:

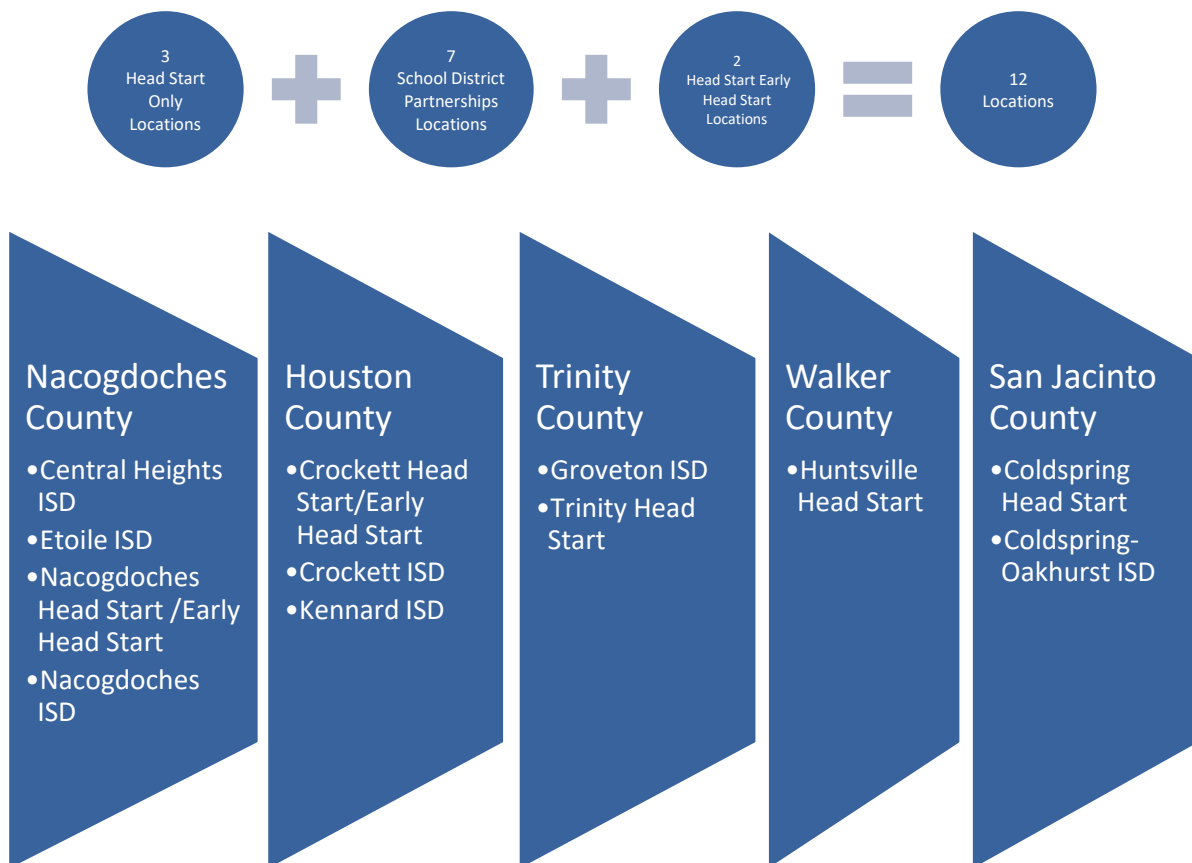
- Early Intervention Program
- Partnerships with Local Education Agencies

## Professional Development

GETCAP Head Start implemented the Conscious Discipline system as a comprehensive self-regulation program that integrates social-emotional learning and discipline. This program has helped us to better address the needs and concerns of parents, teachers, and community regarding children's behavior and ability to self-regulate.

## Locations

GETCAP has twelve locations in five counties, including partnerships with seven of the twenty-five school districts of the GETCAP Head Start service area having partnership Head Start classrooms on their elementary campuses. GETCAP Head Start has formal agreements to coordinate services with 25 school districts to coordinate transition services for children and families.



## ACCOMPLISHMENTS

In addition to the routine accomplishments of operating a successful 0-5 Head Start Program, the GETCAP Head Start program has also engaged in several other activities and accomplishments over the years as follows:

- Texas School Readiness Certification
- Children's Learning Institute (CLI)
- GO SMART (formally known as NIKE GO) an initiative to get children more physically active.
- CLASS Certified Training Site
- Partner with Texas AHEC East Piney Woods Region to certify Caseworkers as Community Health Workers to enhance the health services to children and families.
- "I CAN Help My Child Stay Healthy" health literacy training to our families and Community.
- Partners with Healthy Nacogdoches Coalition
- Helped sponsor the Healthy Nacogdoches Kids' Expo activity-based event. Wellness related activities, healthy eating and tobacco free living
- Articulation Agreement between Angelina College and Stephen F. Austin State University for staff to earn BA degree online. (Program has gone national)
- Head Start Director, Social Service Specialist, Development Specialist serving on the Texas Head Start Association's Board of Director's as an elected staff person for a two-year term.
- Head Start Director serving as a director representative to the Region VI Head Start Association.
- Developed partnership to educate and support staff and families on healthy living with Texas A & M AgriLife Extension Service.
- Establish relationships with local colleges and universities as training ground for interns.
  - Stephen F. Austin State University
    - Social Work
    - Child and Family Development
    - Stanley Speech and Hearing Clinic
    - Health Science
    - Dietetic
  - Sam Houston State University
    - Dietetic
  - Angelina College
    - Child and Family Development
    - Business
  - Montgomery College
  - Panola College
    - Nursing
  - International Board of Credentialing and Continuing Education Standards (IBCCES)
    - Autism Certification

## **Head Start Locations**

### **Nacogdoches County**

- \*Nacogdoches Head Start (Main Office)  
1902 Old Tyler Road, Nacogdoches, TX
- Central Heights Independent School District  
10317 US Highway 259 North, Central Heights, TX
- Nacogdoches Independent School District  
BQJ-908 N. Sanders, Nacogdoches, Texas 75965
- Etoile Independent School District  
16039 FM 226, Etoile, Texas 75944

### **Houston County**

- \*Crockett Head Start  
435 Texas Avenue, Crockett, TX
- Kennard Independent School District  
15248 Highway 7 East, Kennard, TX
- Crockett Independent School District  
1400 West Austin, Crockett, Texas 75835

### **Trinity County**

- Trinity Head Start  
808 Lakefield, Trinity, TX
- Groveton Independent School District  
207 N Main Street, Groveton, TX

### **Walker County**

- Huntsville Head Start  
125 Fm 980, Huntsville, TX

### **San Jacinto County**

- San Jacinto County Head Start  
941 Slade Street, Coldspring, TX
- Coldspring-Oakhurst Independent School District  
125 FM 1514, Coldspring, TX 77331

*\*Denotes location has Early Head Start*